

FLAG News



FLAG's Notice Board

Dates for your Diary

4 June Drop in

11 June Drop in

18 June Tea, Coffee, Cake Social Afternoon

25 June Drop in

2 July Drop in

9 July Committee Meeting

16 July Tea, Coffee, Cake Social Afternoon

£800 donation will make a big difference

Earlier on this year FLAG applied to the Norwich & Peterborough **Building Society in** St Neots for funding. The **Building Society is** part of the Yorkshire Building Society and it was through their Charitable Foundation that we applied for funding under the section -

"Provision of tangible and social interaction activities for the vulnerable and/or isolated.

The FLAG
Committee would
like to give a big
"Thank you!", firstly
to the Norwich and
Peterborough for
the funding and
secondly, to
Brendan Gaunt and
his Support Worker
Billy for their hard

work in contacting the Building Society in the first place and collecting the £800 cheque on behalf of FLAG.

The money will be used to buy a manual wheelchair for trips, a PA System, a Banner for Fetes, Piggy Banks, Badges and other Tangible Items.





FLAG's Notice Board

Dates for your Diary

23 July Drop in

30 July Drop in

6 Aug Drop in

13 Aug Drop in

20 Aug Tea, Coffee, Cake Social Afternoon

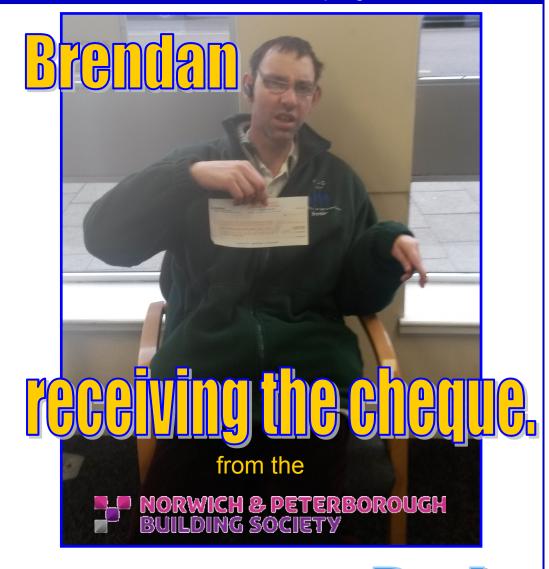
27 Aug Committee Meeting

> 3 Sept Drop in

> 10 Sept Drop in

17 Sept Tea, Coffee, Cake Social Afternoon

24 Sept Drop in



TESCO

Tesco, Riverside Drive donation.

We have also now received a £15.00 voucher donation from the above Tesco store. This will go towards our tea, coffee, sugar and other



refreshment costs.

Wilkinson

We have also received a £10.00 voucher donation from Wilkinson.



Pezks

The online company Pezks donated a large pack of playing cards and stand to play the game high and low at events to raise money for FLAG.

Bi-Monthly Events

28th July Woburn Safari Park



10th September Tower of London



October Video Race Night / Meal



December Christmas Meal (venue ideas welcome)



February 2016 Harry Potter Experience



Saturday Night Fever Milton Keynes Theatre 25th February 2015

On the evening of 25th February, 29 FLAG members and volunteers took a trip to Milton Keynes Theatre to see a new production of the stage show Saturday Night Fever.

Unfortunately there was a problem with the wheelchairfriendly coach but Motts Travel provided a standard coach and transported those with mobility issues in taxi's to Milton Keynes and back. They were determined not to let us down. and ensured that all our

members arrived in plenty of time, and got everyone home safe and sound.

We had good seats in the stalls, although there were a couple of steps to negotiate. Sadly there were quite a few empty seats around the Theatre.

The plot of the musical involves Tony Manero, who works in a dead-end job, escaping from reality on Saturday Nights by becoming "King of the Dance Floor" and teams up

with Stephanie for a dance contest. They win first prize but Tony hands the trophy to a Puerto Rican couple who he believes are more deserving.

The show includes many well-known Bee Gees songs: Stayin' Alive, Night Fever, Jive Talkin' and How Deep is your Love, to name a few, and many FLAG members enjoyed singing along.

A good time was had and we look forward to the next Theatre trip.





FLAG Bedford **AGM** 22 April 2015

28 members came to the yearly AGM at Priory Methodist Church.

The Committee reported on the events that took place last year and reported that FLAG's funds are healthy going into this year.

The following members were re-elected onto the **FLAG Committee** for the year 2015/2016.

Laura Peggs Chairperson

Lisa Thomas Secretary

Tracey Brightman Treasurer

Tracey Brimmell Volunteer Coordinator

Ros Graham Committee Support

Bernadette Frisby Newsletter Editor

Gordan Cooke Member Liaison

Brendan Gaunt Community **Fundraising**

Thank you to all those who helped with the Buffet after the AGM.

Noble Cake Competition

At this year's AGM and in memory of Jeff Noble, who loved a slice or two of cake, FLAG organised the "Noble Cake Competition"

Approximately 20 cakes were entered into the competition, this included sponge cake, fruit cake, lemon drizzle and cup cakes.

What a lovely display! All entrants received a certificate of participation.





Thank you! to everyone who took part.